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When the fascial covering of the muscle is thickened, the subclavius is immobilized between the two bones." (The Endless Web: Fascial Anatomy and Physical Reality by R. Louis Schultz PhD and Rosemary Feitis, DO, 1996, p. 73)

Fascia: The Endless Web - Health Positive

Myofascia is a flexible network of tissue that surrounds, cushions and supports muscles, bones and organs. It also acts as a "riverbed" containing the flow of interstitial fluid, and is a critical influence on the immune and hormonal systems, thus it is an underlying determinant of movement quality, mood, alertness and general well-being.

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The Endless Web : Fascial Anatomy and Physical Reality by

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Beginning massage therapists tend to look at the body as muscle and bone, but there are more connections in the body

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