

Time Magazine February 6 2012 Focus The Power Of Shyness

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Breaking up is hard to do — and often expensive, too. Find out how much romance gone wrong has cost the people involved in these famous divorces.

Kimye and 30 of the Most Expensive Celebrity Divorces To Rock Hollywood

Tom Cruise and Nicole Kidman’s 28-year-old daughter Bella shared a rare selfie of herself in a post to her Instagram Story on Wednesday.

Tom Cruise and Nicole Kidman’s daughter Bella posts rare video of herself

Last year saw some record trends in global demand for energy. However, as we look at the numbers from the newly-released 2021 BP Statistical Review, one mustn't extrapolate these trends into the ...

Highlights From The BP Statistical Review Of World Energy 2021

After a one-year delay, The Tokyo Olympics is scheduled to start on July 23. In the U.S. NBCU will provide 7,000 hours of coverage and will dominate ratings over the 17 days.

NBCUniversal’s Plans For The Tokyo Olympics

Do Not Miss A Point With The Elite Day-to-day E-newsletter. In April 1878, about 4 months right into publication, The Washington Article purchased The Washington Union, a completing newspaper which ...

Elite Daily

The theory that SARS-CoV-2 may have originated in a lab was considered a debunked conspiracy theory, but some experts are revisiting it amid calls for a new, more thorough investigation. Paul Thacker ...

The covid-19 lab leak hypothesis: did the media fall victim to a misinformation campaign?

Last week the European Parliament endorsed a report by the author on enhancing civic participation in the deliberations of the union.

A stronger voice for citizens in EU decision-making

Daniel Hale exposed the widespread murder of civilians in the drone war. But do Americans really want to know?

A “traitor” to the American death machine faces years in prison — while the killing goes on

Prime Minister Pedro Sánchez released nine Catalan independence leaders from prison. Is it a step toward a solution?

Can Catalan Pardons Pave a Way Out of Spain’s Territorial Crisis?

CNN Editorial Research Here is a look at LGBTQ milestones in the United States. LGBTQ is an acronym meaning lesbian, gay, bisexual, transgender and queer or questioning. The term sometimes is extended ...

LGBTQ Rights Milestones Fast Facts

If you’re curious about where fireworks come from, how they became associated with holidays, and when consumers go a little too big, we’ve got your primer here. 1. Fireworks originated in Ancient ...

9 fascinating facts about fireworks

CVE-2021-34527 and CVE-2021-1675, the latter of which was “fixed” in Microsoft’s June Patch Tuesday set. This print spooler bug enabled hackers with limited system rights on an individual machine to ...

To patch or not to patch: That is the question

Bassmaster Magazine recently unveiled its annual rankings of America’s Top 100 bass lakes and there are some familiar names on the list. The rankings include the Top 10 overall picks and a breakdown ...

Which Texas lakes are consistently the best for bass fishing?

He was released on bail but didn’t show up for his federal court hearing scheduled for February 2012. The alleged Santa Cruz County attacker then reportedly fled to Canada, leaving his defense ...

“Homeless Hacker” Arrested

COC president Liu Peng says the organization has no plans to discuss a Harbin 2018 Olympic bid. (ATR/Panasonic:Lumix)COC President Says Harbin Bid Unlikely. Chinese Olympic Commit ...

Olympic Newsdesk — Chinese NOC Says Harbin Unlikely; NGBs Want Answers on Olympic Network

Naomi Osaka was not the first professional tennis player to withdraw during a Grand Slam tournament because of mental health concerns — and she likely won’t ...

Tennis players discuss mental health issues raised by Osaka

The government will also be expected to produce a report outlining options and a timeline by February 2022 ... priority list for six years now. It is time for the industry to step up and address ...

Canberra moves forward with new PV module recycling rules

The situation will change drastically in no time,” Vitaliy Daviy said ... which came into force in the European Union at the end of February this year. The new rules will allow the EU member ...

Lifestyle Is Driving Us toward Impending Demise General: This book is comprised of fifteen up-to-date chapters, prologue, epilogue, and appendix. This manuscript discusses many important and contemporary hot topics, such as obesity, dietary regimen, exercise, health-care system, texting while driving, immigration, and airport dilemmas. This book also entails topics, such as insomnia, sleep deprivation, somnambulism, sex, and money. Chapter 1: Obesity. This chapter entitled “Obesity” covers extensively the epidemiology, prevalence in the USA, classification, and identification of obesity in children and adults. It describes primary obesity vs. secondary, lifelong obesity vs. adult-onset obesity and gradual weight reduction via behavior changes, diet, and exercise. This book also illustrates the differential diagnosis of childhood’s obesity and its dire consequences. The role of genetic, central nervous system, and endocrine gland deficiencies is discussed. The problem of obesity epidemic with its catastrophic consequences is displayed. The strong behavior changes (willpower) are discussed in detail. Definition, etiology, pathogenesis of obesity, and deleterious effect of sedentary life are described thoroughly. The importance of body mass index (BMI) and waist circumference size is described in detail. Waist reflects the amount of visceral fat each individual carries and may be a better prediction of obesity than BMI. The important cause of obesity in the USA, such as sedentary life, excessive caloric intake, and lack of willpower, is discussed in detail. Finally, the prevention and management of obesity are explored. Chapter 2: Food and Dietary Regimen. This chapter discusses the benefit of Mediterranean diet including olive oil. In this chapter, the good, the bad cholesterol, triglyceride, organic vs. genetic engineering food as well as antioxidant foods are discussed in detail. This chapter also describes in detail the role of saturated, polyunsaturated, and monounsaturated fats on our health. The consistency and moderation are emphasized. The importance and deleterious effect of high- caloric intake and loaded good fats is illustrated. The size of daily food matters greatly. The role of fiber and the presence of toxic substance in processed food and harmfulness of fried food are described. The difference between vegan vs. vegetarian diets and its pros and cons are discussed. The role and importance of guidelines on healthier meals in school cafeteria are emphasized. The advantageous role of nuts and berry families is explored. This chapter also describes the daily amount of caloric intake, calcium, vitamin D, salt, and percentage of daily caloric intake of protein, carbohydrate, and fat are discussed. The daily percentage of different fats in diet is also described. The deleterious effect of sugary and salty food is emphasized. The amount of daily caloric intake in different race, ethnicity, and gender groups is illustrated. This chapter also entails a description of trans fat, omega-3 and omega-6 fatty acid and its effect on our health. Finally, this chapter concludes with “Eat less, Live Longer” and “Eat to Live, Not Live to Eat.” Chapter 3: Exercise. This chapter illustrates the importance of physical activity and exercise as well as deleterious effect of sectary life and sitting. It describes isometric (resistance) and dynamic (aerobic) exercises. The beneficial effect of aerobic exercise for cardiovascular system health and resistance exercise in older population are discussed. The different physical activity vs. caloric expenditure is illustrated. Lifestyle interventions and physical activity are elucidated. This chapter, via some tables, describes the intensity, time spent, and different physical activity exclusively. The value of target heart rate in adolescents and adult exercises are delineated. The critical importance of physical acti

The management of organizational behavior is a critically important source of competitive advantage in today’s organizations. Every organization’s members share a constellation of skills, abilities, and motivations that differentiates it from every other firm. To gain advantage, managers must be able to capitalize on these individual differences as jobs are designed, teams are formed, work is structured, and change is facilitated. This textbook, now in its second edition, provides its readers with the knowledge required to succeed as managers under these circumstances. In this book, John Wagner and John Hollenbeck make the key connection between theory and practice to help students excel as managers charged with the task of securing competitive advantage. They present students with a variety of helpful learning tools, including: Coverage of the full spectrum of organizational behavior topics Managerial models that are based in many instances on hundreds of research studies and decades of management practice Introductory mini-cases and current examples throughout in the text to help students contextualize organizational behavior theory and understand its application in today’s business world The ideal book for undergraduate and graduate students of organizational behavior, Organizational Behavior: Securing Competitive Advantage is written to motivate exceptional student performance and contribute to their lasting managerial success.

Secular, skeptical, disillusioned. These are the traits that mark our age—encouraged by outspoken atheists who insist that faith is naïve and belief is dangerous. But what if the atheists are the irrational ones? Can their beliefs withstand the rigorous examination that they demand from others? In A Shot of Faith of Faith to the Head, Mitch Stokes, Senior Fellow of Philosophy at New Saint Andrews College, dismantles the claims of skeptics and atheists, while constructing a simple yet solid case for Christian belief. This profound yet accessible book proves the rationality, consistency, and reliability of the Christian approach to science and life. If you have ever doubted that your beliefs can stand up to scrutiny—if you’ve ever doubted your beliefs—this book dissolves the questions. For atheists, it is a wake-up call. For Christians, it’s A Shot of Faith to the Head. Endorsements: “A Shot of Faith to the Head is much more than a defense of Christianity; it takes the offensive against the secularist thinking that enamors so many in the West. With the thoroughness of a scholar and the confidence of experience, Mitch Stokes demonstrates the intellectually dubious nature of the so-called “New Atheism” and provides Christians with a much needed handbook for the questions they will surely face once they are outside of the safe confines of their Christian communities. I highly recommend it.” —Larry Taunton, founder of the Fixed Point Foundation and author of The Grace Effect “A fine book: lively, clear, accessible, but also deep, and deeply competent.” —Alvin Plantinga, Emeritus Professor of Philosophy at the University of Notre Dame, author of Where the Conflict Really Lies: Science, Religion, and Naturalism, Oxford University Press “The Bible identifies Jesus as the Word and as the Light, available therefore to the mind as well as the heart. Of all religions, Christianity most invites one to think as well as to believe, and in this troubled time that invitation is still more urgent to take up. Here is a book by a skilled thinker, showing how better to think about faith. It is a worthy task, ably achieved.” —Larry P. Arnn, PhD, president, Hillsdale College “This book is what snarky atheists have coming to them for their dismissive claims and unfounded arrogance. Written not to convince atheists but to help Christians defend themselves and the Christian faith, A Shot of Faith to the Head takes the best tools of top-notch apologetics and philosophy and puts them in the hands of every believer. Even better, it’s easy and fun to read, winsome, witty, filled with sharp thinking, and well-researched. As a professor and pastor, I’ll be assigning this book in my apologetics courses and would recommend it to every Christian. It displays strategic answers to questions and objections every Christian has encountered.” —Justin Holcomb, pastor, Mars Hill Church; executive director of the Resurgence; adjunct professor of theology, Reformed Theological Seminary

The first edition of this book offered one of the first social science analyses of Barack Obama’s historic electoral campaigns and early presidency. In this second edition the authors extend that analysis to Obama’s service in the presidency and to his second campaign to hold that presidency. Elaborating on the concept of the white racial frame, Harvey Wingfield and Feagin assess in detail the ways white racial framing was deployed by the principal characters in the electoral campaigns and during Obama’s presidency. With much relevant data, this book counters many commonsense assumptions about U.S. racial matters, politics, and institutions, particularly the notion that Obama’s presidency ushered in a major post-racial era. Readers will find this fully revised and updated book distinctively valuable because it relies on sound social science analysis to assess numerous events and aspects of this historic campaign.

Thought-provoking and “undeniably interesting” essays on this cultural institution of comedy and what it says about our society (Booklist). Since 1975, “Live from New York, it’s Saturday Night!” has greeted late night-TV viewers looking for the best in sketch comedy and popular music. SNL is the variety show that launched the careers of countless comedians, including Dan Aykroyd, Chevy Chase, Chris Farley, Will Ferrell, Tina Fey, Amy Poehler, and Adam Sandler. Week after week, SNL has produced everything from forgettable parodies to provocative political satire—adapting to changing times decade after decade while staying true to its original vision of performing timely topical humor. With essays that address issues ranging from race and gender to authorship and comedic performance, Saturday Night Live and American TV follows the history of this iconic show, and its place in the shifting social and media landscape of American television.

Named one of Time magazine’s 100 Most Influential People, John Green is a bestselling young adult fiction author and the cofounder of the YouTube channel VlogBrothers. Learn how John achieved success as a writer and social media engager.

If you’ve ever bought a personal finance book, watched a TV show about stock picking, listened to a radio show about getting out of debt, or attended a seminar to help you plan for your retirement, you’ve probably heard some version of these quotes: “What’s keeping you from being rich? In most cases, it is simply a lack of belief.” —SUZE ORMAN, The Courage to Be Rich “Are you latte-ing away your financial future?” —DAVID BACH, Smart Women Finish Rich “I know you’re capable of picking winning stocks and holding on to them.” —JIM CRAMER, Mad Money They’re common refrains among personal finance gurus. There’s just one problem: those and many similar statements are false. For the past few decades, Americans have spent billions of dollars on personal finance products. As salaries have stagnated and companies have cut back on benefits, we’ve taken matters into our own hands, embracing the can-do attitude that if we’re smart enough, we can overcome even daunting financial obstacles. But that’s not true. In this meticulously reported and shocking book, journalist and former financial columnist Helaine Olen goes behind the curtain of the personal finance industry to expose the myths, contradictions, and outright lies it has perpetuated. She shows how an industry that started as a response to the Great Depression morphed into a behemoth that thrives by selling us products and services that offer little if any help. Olen calls out some of the biggest names in the business, revealing how even the most respected gurus have engaged in dubious, even deceitful, practices—from accepting payments from banks and corporations in exchange for promoting certain products to blaming the victims of economic catastrophe for their own financial misfortune. Pound Foolish also disproves many myths about spending and saving, including: Small pleasures can bankrupt you: Gurus popularized the idea that cutting out lattes and other small expenditures could make us millionaires. But reducing our caffeine consumption will not offset our biggest expenses: housing, education, health care, and retirement. Disciplined investing will make you rich: Gurus also love to show how steady investing can turn modest savings into a huge nest egg at retirement. But these calculations assume a healthy market and a lifetime without any setbacks—two conditions that have no connection to the real world. Women need extra help managing money: Product pushers often target women, whose alleged financial ignorance supposedly leaves them especially at risk. In reality, women and men are both terrible at handling finances. Financial literacy classes will prevent future economic crises: Experts like to claim mandatory sessions on personal finance in school will cure many of our money ills. Not only is there little evidence this is true, the entire movement is largely funded and promoted by the financial services sector. Weaving together original reporting, interviews with experts, and studies from disciplines ranging from behavioral economics to retirement planning, Pound Foolish is a compassionate and compelling book that will change the way we think and talk about our money.

India’s party system has been under flux, transformation and reconfiguration since the end of the 1980s. By the time the sun set on the twentieth century, the party system in India had developed a plurality of national and regional levels and following several experiences in fits and starts, coalition making among the parties too stabilized at the national level. The dawn of twenty first century thus witnessed a federalized party system in place, where coalition making and cohabitation amongst the parties stabilized at both national and regional levels. As a result, since 1999 India has had two completing governments completing their full term at the national level; the third, UPA II, has completed four years, and despite hiccups is likely to complete its full term till mid-2013. However, the party system in the country has turned competitive and several trajectories of alternation are being attempted by parties and leaders, making the emerging political situation fluid. The volume attempts to capture the emerging trajectories of the party system in India in the second decade of the twenty first century with seventeen essays written specially for this volume by scholars who met several times to discuss and formulate questions and critique each other’s drafts. Overall, the volume provides an incisive and comprehensive analysis of the far-reaching changes that India’s political parties and party system are undergoing. It looks into the institutional dimensions, processes and agenda, federal manifestations, transitions (including generational change) and extraneous influences brought in by globalization, Indian Diaspora and the impact of new media technology. Constituting an important contribution to the on-going debate on the Indian party system, this volume will attract the attention of students of Indian politics, political science, democracy, party systems and comparative politics.

Every great design has its beginnings in a great idea, whether your medium of choice is scenery, costume, lighting, sound, or projections. Unmasking Theatre Design shows you how to cultivate creative thinking skills through every step of theatre design - from the first play reading to the finished design presentation. This book reveals how creative designers think in order to create unique and appropriate works for individual productions, and will teach you how to comprehend the nature of the design task at hand, gather inspiration, generate potential ideas for a new design, and develop a finished look through renderings and models. The exercises presented in this book demystify the design process by providing you with specific actions that will help you get on track toward fully-formed designs. Revealing the inner workings of the design process, both theoretically and practically, Unmasking Theatre Design will jumpstart the creative processes of designers at all levels, from student to professionals, as you construct new production designs.

Dialectical Democracy through Christian Thought offers an accessible yet theologically groundbreaking intervention into the battle over the role of government in the market. This book shows that the fight over policy involves a fundamental disagreement about who we are as human beings: independent individuals, or essentially social creatures.